

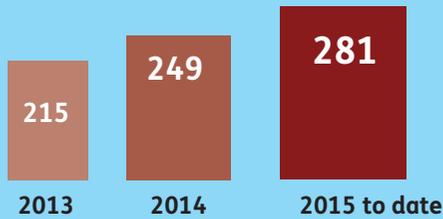
# We believe that everyone should have a safe place to stay.

## Why are people homeless?

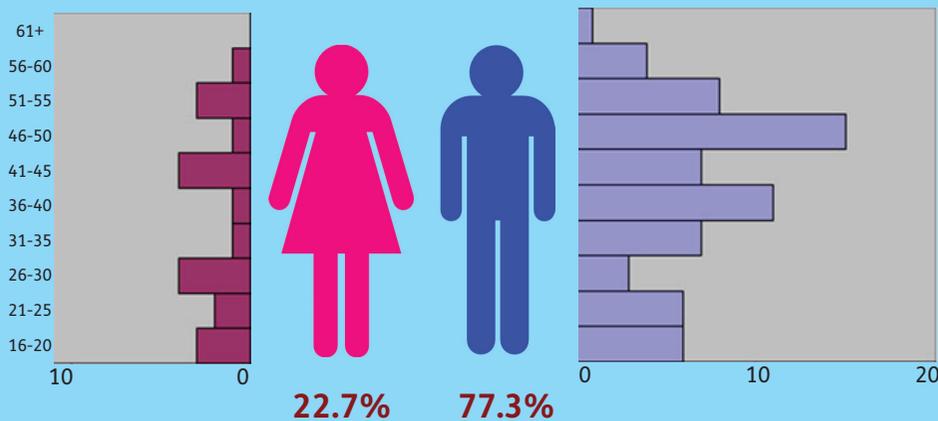


Whatever the underlying reasons, YMCA Bournemouth aims to provide non-judgemental intervention and support to regain independence.

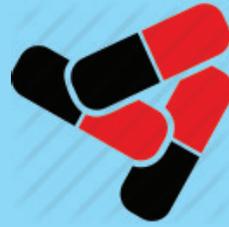
## Number of people supported



## Age & Gender



## Drug use



For the year 2015 to date we have provided support and accommodation for 281 people, **150 (53.4%)** of which were or are misusing substances.

## Accommodation



**63-bed** hostel on Westover Road with high level support



**36 move-on flats** for those who have the independent living skills to manage their own accommodation.

"...after many serious hospital admissions and a couple of suicide attempts, I arrived at the YMCA scared and lost but was greeted with many warm, welcoming smiles, a fantastic hot meal, and a cosy, secure and clean room. This was just the start of a new positive chapter in my life..."  
 -Glenn, YMCA resident

"After 4 months of being in the YMCA I was moved to Trafford House where I share a flat with another girl... Although I have had some troubles with my flat mate, my key worker and warden at Trafford have helped me with this, as they are always there to help. Just 5 months after, my next step is moving into a flat of my own... I couldn't do this without the help of the YMCA staff, their devotion, security, support and protection..."  
 -Laura, YMCA resident

## Support we provide

- Budget
- Substance misuse
- Education & Life Skills
- EMPLOYMENT OPPORTUNITIES
- Personal & Emotional development
- Mental & Physical health

"I love it here in the YMCA! I have support with day-to-day issues, and it is something that I need. I go to college and volunteer for the Prince's Trust. I never feel lonely here and there is a diverse group of people that live here - a variety of ages and different walks of life... The YMCA has plenty of activities from football the Women's Nights. It is a place where I feel supported and has helped me stay clean: thirteen months now without any substances."  
 - Karen, YMCA resident

### Media enquiries

Many of our clients are very vulnerable. Some are trying to break away from past lifestyles and contacts who have had a negative impact on their lives. As such, we take their confidentiality extremely seriously, and do not allow people to question or interview them directly. Anonymised and voluntary questionnaires may be used, and our website has testimonials from several clients.

For more information, please contact Nick Auger on 01202 290451 or [nick.auger@ymcabournemouth.org.uk](mailto:nick.auger@ymcabournemouth.org.uk)