

Supporting youth

We are absolutely committed to supporting young people, and some of us are equally passionate about football. As a result we set up a project where those two passions meet.

The **Boscombe Football Project** for 13 to 19-year-olds gives us the opportunity to engage young people in a positive activity and provide them with support, while allowing them to develop their football skills at the same time.

We also work closely with our Youth Department to deliver sessions and workshops about values at various locations in the Bournemouth area, such as at the Townsend Youth Centre.



Sandyholme Retreat Centre

We are blessed to have beautiful retreat centre in Studland, Isle of Purbeck, just a few minutes walk from the beach and Old Harry Rocks. This relaxing environment is a great opportunity for church groups to have some quiet time with God and/or take part in coastal teambuilding activities.

Contact us

Passionate about serving God and helping people, our chaplaincy team offers spiritual support, pastoral care and moral guidance to YMCA Bournemouth's clients, volunteers and staff, and to their families.

Our door is always open for enquiries:

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Retreat centre information and bookings:

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YMCA Bournemouth

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Reg. Charity No 1078728



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

YMCA BOURNEMOUTH

Bournemouth/Poole/Christchurch

We believe
that everyone
should have
someone
they can trust

Spiritual
support

Pastoral
care

Moral
guidance

CHAPLAINCY





More than just a song...

The song is what comes to many people's minds when 'YMCA' is mentioned, but both the abbreviation and the organisation mean so much more. Historically, the letters stand for 'Young Men's Christian Association'. But don't worry – as an organisation we are far from being *only* for men or *only* for Christians!

YMCA Bournemouth provides support to everyone, no matter what their background, beliefs or circumstance. Across our projects, our aim is to enable people to grow to their full potential in mind, body and spirit.

Everyone can find the right opportunity to develop themselves in various YMCA departments and projects operating across five key areas – Accommodation, Family Work, Health & Wellbeing, Training & Education and Support & Advice.

PASSION LED US HERE



Chaplaincy

The chaplaincy team are passionate about God and passionate about people. We have experienced God's love personally and we want to share this with those around us. We help people to know God better and to follow Him no matter what the circumstances. We get alongside those people on their way to God.

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Culture of Prayer

At YMCA Bournemouth, we pray that God might be glorified through our work. We seek God's plan for the vision of the organisation, and for the wisdom in the way we operate.

We pray for specific clients, for staff and for organisation-wide needs. We pray because we want God to do what only He can do – to save people for eternity.

To promote a culture of prayer, we have staff prayer meetings, offer prayers to clients and promote prayer days that are open to everyone.

Give all your worries and cares to God, for he cares about you

Bible, 1 Peter 5:6-7



In 2017, we delivered 45 football sessions, 52 addiction support meetings, two trips for hostel residents, a 24/7 prayer event and school assemblies across Dorset

Supporting our hostel residents

We run a number of activities for our housing clients, who are often in the process of recovery and struggling with drug issues and/or mental health. These include a supportive 12-step Christ-centered group for people struggling with addictions or compulsive behaviours; The Bereavement Journey course; and Bible study – an informal environment in which we read the Bible together and answer questions.

Clients are always welcome to attend one-to-one appointments to receive our support. We also deliver inspirational workshops and trips to enable clients to work on self-development and/or relax in a different environment.

Supporting rough sleepers

Alongside Faithworks Wessex/BCARS, we run 'Half-Time', an individual-approach based service enabling rough sleepers to receive advice and get in touch with housing providers, as well as to have a shower and/or wash their clothes.

In addition we provide staff for a mobile medical bus that allows local rough sleepers to access non-emergency medical care.