

" I ask only one thing, Lord: Let me live in your house every day of my life to see how wonderful you are and to pray in your temple."

**Psalm 27 v 4** 



### Prayer guide

YMCA Bournemouth has a culture of prayer and we are so grateful you are willing to partner with us as we intercede.

Our chaplaincy team supports the diverse range of activities YMCA operates across BCP. We offer spiritual support, pastoral care and moral guidance to staff, volunteers, clients and their families.

In this guide you will find prompts across four days to help your prayers and a link to our volunteer pages. Thank you.



John Good Chaplain

### Welcome

Weekly prayer guide

### Housing

- Pray for everyone working in our Housing team. Ask protection for them as the go about their work today.
- Pray for all the staff working behind the scenes including our Maintenance, Finance, HR and Reception teams.
- Pray for all the residents living at our Westover Road site.
- Pray for everyone who is vulnerably housed and for people sleeping rough across BCP today.

### Monday

### Sport

- Please pray for our staff team at The Junction Sports & Leisure Centre and their work with the local community in Broadstone.
- Pray for our staff and members at the Bayside Fitness Club in Poole.
- Pray for everyone who uses the Lifewise Gym and Sports Hall at Westover Road.
- Pray for everyone working behind the scenes to keep these Health and Wellbeing projects running.





### **Housing & Support**

Providing homeless individuals with supported housing and the tools they need to turn their lives around and return to independent living



### **Holiday Clubs**

Our Holiday Clubs allow 5 to 12-year-olds to try sports during holidays and half-terms. Plus clubs for 2 to 4-year-olds at Teddy's Pre-School



### Family & Relationships

Managing Teddy's Pre-School and a Child Contact Centre as well as hosting Holiday Clubs at Teddy's and The Junction, Broadstone



### **Full Circle Counselling**

The YMCA Bournemouth counselling service offers low cost affordable one to one counselling to the residents of Bournemouth and the surrounding areas.

YMCAB Services across BCP



We run professional and affordable training courses such as 'Fire Marshal' and 'First Aid at Work' both for individuals and organisations



### Sandyholme

Our Sandyholme facility in the Purbecks is the perfect location for an activity holiday, team getaway or spiritual retreat.



Youth Work

Delivering youth services at Townsend Youth Club and via our Chatterbox project - for young people with a disability.



Sports & Leisure

Providing sports and leisure classes and facilities at The Junction in Broadstone and Bayside Fitness Club in Poole.



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- Pray for our Chatterboxes project which empowers young disabled people to make a difference.
- Pray for everybody who is supported through our Children's Centre's.
- Pray for all the families, young people and children across BCP who rely on our vital services
- Pray for all the staff working at our pre school nursery and those who run our youth and holiday clubs.

### **Thursday**

### Partnerships

- Pray for the Homelessness
   Partnership and all organisations
   working for change across BCP.
- Pray for all the local schools engaged with supporting YMCA Bournemouth.
- Pray for all the local businesses supporting our work.
- Pray for everyone who donates their time and money to support the work of YMCA Bournemouth.
- Pray for our Fundraising team who work tirelessly behind the scenes.



## Volunteering

Right now, we want to expand the chaplaincy team. We currently run weekday informal sessions to engage, encourage and come alongside residents at Westover Road.

We need more volunteers to join the team. Could you help?

Scan the QR code below to find out more and arrange an informal chat.







YMCA enables people to develop their full potential in mind, body and spirit. Inspired by and faithful to our Christian values, we create supportive, inclusive and energizing communities, where young people can truly belong, contribute and thrive

### YMCA BOURNEMOUTH

Bournemouth/Poole/Christchurch

### Chaplaincy Prayer Guide

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